



**Muskoka Lakes Association (MLA) Regatta**  
**Sunday, August 4, 2019**

**Notice of Race and Sailing Instructions**

**Organizing Authority: Muskoka Lakes Association (MLA)**  
**Host Club: Muskoka Lakes Golf & Country Club (MLG&CC)**

**1. Rules**

This regatta will be governed by the 2017-2020 Racing Rules of Sailing (RRS) effective January 1<sup>st</sup> 2017 <http://www.sailing.ca/rules-s15703> including:

- the prescriptions of Sailing Canada,
- these Sailing Instructions, &
- The rules of the respective one-design Class Associations and the PHRF for open class keelboats, centreboards and multi-hulls.

**2. Entries**

Must have satisfied all registration requirements before they are eligible to race and be scored (Registration Form attached).

**3. Notice to Competitors**

Notices to Competitors will be posted on the Official Notice Board at Club.

**4. Changes to the Sailing Instructions**

Any change in the Sailing Instructions will be posted by 12 noon on the Official Notice Board on the day it will take effect, except that a change to the schedule of races will be posted by 8:00pm on the day before it is to take effect on the MLA web site ([www.mla.on.ca](http://www.mla.on.ca)).

**5. Signals**

**5.1 Signals Made Ashore**

- \* Signals made ashore will be displayed at the main sailing flagpole.
- \*The displaying of code flag “AP” from the flagpole, accompanied by 2 sound signals will indicate racing has been postponed. The removal of code flag

“AP” from the flagpole, accompanied by 1 sound signal, shall indicate a further Signal on the water will be made in not less than 30 minutes. This changes race signal AP.

**5.2 Signals on the Water**

- \* The displaying of code flag “AP” from the RC main mast, accompanied by 2 sound signals will indicate racing has been postponed. The removal of code flag “AP” from the RC flagpole, accompanied by 1 sound signal, shall indicate a further Signal on the water will be made in not less than (minutes).
- \* Flag 'AP' with 2 sound signals means “*All races have been postponed.*” The warning signal will be made not less than 1 minute after the ‘AP’ is lowered (one sound signal).
- \* „N” over “H” with 3 sound signals means “*The abandoned race may be re-sailed today.*” The warning signal will be made not less than 15 minutes after “N” over “H” is lowered. This changes RRS 27.3

**6. Schedule of Races**

Sunday, Aug 5, 2017

**Registration:**

Sailing shed 10:30 -11:30am  
 Warning signal 12:35pm  
 All Sailboats shall sail past the RC Boat on starboard and hail their sail number.

**Skipper’s Meeting:** Clubhouse patio 11:30am

**Racing:**

3 Races are planned for each sailboat class, weather permitting. We may race more for the Pico's and Opti's, per on water instructions from RC boat.

Pre-Warning Signal 12:30pm  
 Warning Signal – Race 1 12:35pm  
 Races 2 & 3 will follow ASAP after Race 1.

Awards Following racing About 4:30pm

**7. Racing Area**

Lake Rosseau approx. 1km north east of MLG&CC

**8. Course Configuration**

8.1 Opti and Pico Course will use a triangular

course, once around, using buoys to starboard course. See Diagram below.

8.2 All other Fleet Starts will use a triangle, windward leeward course, leaving buoys to port. See Diagram below.

**9. Marks**

9.1 Opti and Pico Course –

- \* The Start/Finish and all rounding marks of the course will be white or yellow marks.
- \* The change of course mark will be a white or yellow mark.

9.2 All Other Fleets Course

- \* The Start/Finish and all rounding marks of the course will be orange inflatable tetrahedrons.
- \* The change of course mark will be a white or yellow mark.

9.3 To change the next leg of a course, the RC will lay a new mark or move the finishing line and remove the original mark as soon as practicable. When a subsequent change is necessary the new mark will be replaced by the original mark. This changes Rule 33.

**10. The Start**

10.1 The races will be started in accordance with RRS 26.

10.2 Opti and Pico Start

The starting line will be between the mark to Starboard of the RC boat and the mast with the RC Flag on the RC Boat.

10.3 All Other Fleet Starts

The starting line will be between the orange inflatable tetrahedron to Port of the RC Boat and the mast with the RC Flag on the RC Boat.

10.4 The Warning Flag for each class will be confirmed at the skippers meeting and are anticipated to be as follows:

CLASS	Pennant
Open Multihull / Catamarans	No. 1
GC21 & Open Keelboats	No. 2
Albacore	No. 3

Laser	No. 4
420, Laser II & Open Centreboard	No. 5
Open Sailboard	No. 6
Pico	No. 7

10.5 Boats, which have not started within 4 minutes after their start signal will be scored DNS. This changes RRS A4.1.

10.6 Late starters & boats not yet racing shall avoid interfering with boats properly starting or started.

10.7 Race 2 will start will no sooner than 5 minutes after the last boat of that class has finished the first race. Classes will be sequenced at the sole discretion of the RC.

Any changes to the starting sequence of the second race will be registered on the RC white board and the L flag - “Come within hail” will be raised.

10.8 Recalls & other signals

\* The RC will attempt to hail sail numbers of premature starters. The failure of a competitor to hear that hail will not absolve her of the responsibility to start correctly nor will it be grounds for protest or redress. The order in which recalls are made will not be grounds for redress. This changes RRS 62.1(a).

\* **General Recalls** - When a general recall has been signaled (flag First Substitute with 2 sound signals), the new warning signal for the recalled fleet will be its class flag with 1 sound signal. (See RRS 29.3) made 1 minute after the First Substitute has been lowered with a sound signal. If after 2 general recalls in a fleet, the RC may move to a D flag (sudden death).

\* **Individual Recalls**

Will be signaled according to RRS 30.1

**11. Finish**

11.1 The finishing line will be between the start/finish mark on each course and the pole carrying the RC Flag on the RC Boat.

11.2 Boats shall cross the finish line in the

direction of the course from the last mark.

13.2. A race may be shortened at the discretion of the RC.

## **12. Time Limit**

12.1 The time limit for each race will be 60 minutes. Boats failing to finish within 10 minutes of the finishing time of the first boat in their class or within the time limit whichever is later will be scored DNF. This changes RRS 35.

12.2 No warning signal will be made after 3:30pm.

## **13. Boats Abandoning a Race or leaving the Racing area**

13.1 A boat that retires from a race shall notify any RC boat as soon as possible.

13.2 Failure to inform may result in protest & disqualification or such other penalty as may be assessed at the discretion of the RC.

## **14. Protests & Requests for Redress**

14.1 Immediately after finishing, a protesting boat will advise the RC of the sail number(s) of the boat(s) protested.

14.2 Protests & requests for redress will be written on forms available from the registration desk & delivered to the Protest Committee Chairman.

14.3 The protest time limit is 30 minutes after the RC Boat arrives at the BYC dock. The same protest time applies to all protests by the race committee, jury & to requests for redress. This changes rules 63.1 & 62.2.

14.4 Sail numbers of protestors, protestees, & witnesses, the location of the hearings & the time of the first hearing will be posted at the BYC within 30 minutes of the protest time limit. This will constitute official notice to all protested parties as required by RRS 63.2.

14.5 The Official Protest Room will be in BYC clubhouse.

14.5 If there is a protest regarding Class Rules, the protestor must submit the relevant Class Rules with the protest.

## **15. Penalties**

15.1 The 720 degree turns penalty in RRS 44.2 is changed as follows: a boat which is flying a spinnaker will complete only a single 360 degree turn if the spinnaker is flown again immediately after the penalty, otherwise **boats shall do a 720 degree turn to exonerate the rule infraction.**

15.2 Boats accepting a penalty under RRS 44.2 shall also advise the RC at the conclusion of the race & receive an acknowledgement. Failure to do so may result in protest & disqualification for the infringement.

15.3 **Hitting a mark shall entail a 360-degree rotation**, in an area clear of other boats (you don't need to go around the mark again).

## **16. Sail Numbers**

16.1 Boats shall register & use only one sail number, except when prior agreement is obtained from the RC prior to 12:00 noon on the day of the Regatta, a boat may use a second sail with a different sail number. It is the responsibility of the competitor to notify the RC & to ensure that the sail in question complies with the respective class rules/handicap certificate.

### **16.2 "INTENSITY" Brand Laser Sails**

"Intensity" brand sails are non-Laser Class compliant, however they will be permitted for racing and scored (including awards).

## **17. Scoring**

17.1 The Low Point Scoring System, RRS Appendix A will apply. There will be no drop races. All races will count.

17.2 All One Design Classes will race level.

17.3 Open Classes will be scored using the PHRF system for the entered boats as adopted by the MLA.

17.4 Only 1 race needs to be completed for the championship to be valid.

## **18. Awards**

18.1 An annual trophy for the crew in each Class with the least combined scores using the Low Point Scoring System. RRS Appendix "A". The Low Point System uses a boat's finishing place as her race score.

18.2 1st, 2nd & 3rd place Medallions will be awarded to the skipper & crew in each class of sailboat.

18.3 Commodore's Cup for club with most top 1<sup>st</sup>, 2<sup>nd</sup> and 3rd placings weighted 3, 2, 1 respectively.

## **19. Safety**

19.1 Sailboats shall be seaworthy & equipped in accordance with the safety regulations of the country of registration & as set out by the Safe Boating Guide.

19.2 Boats shall also be equipped in accordance with their Class Rules.

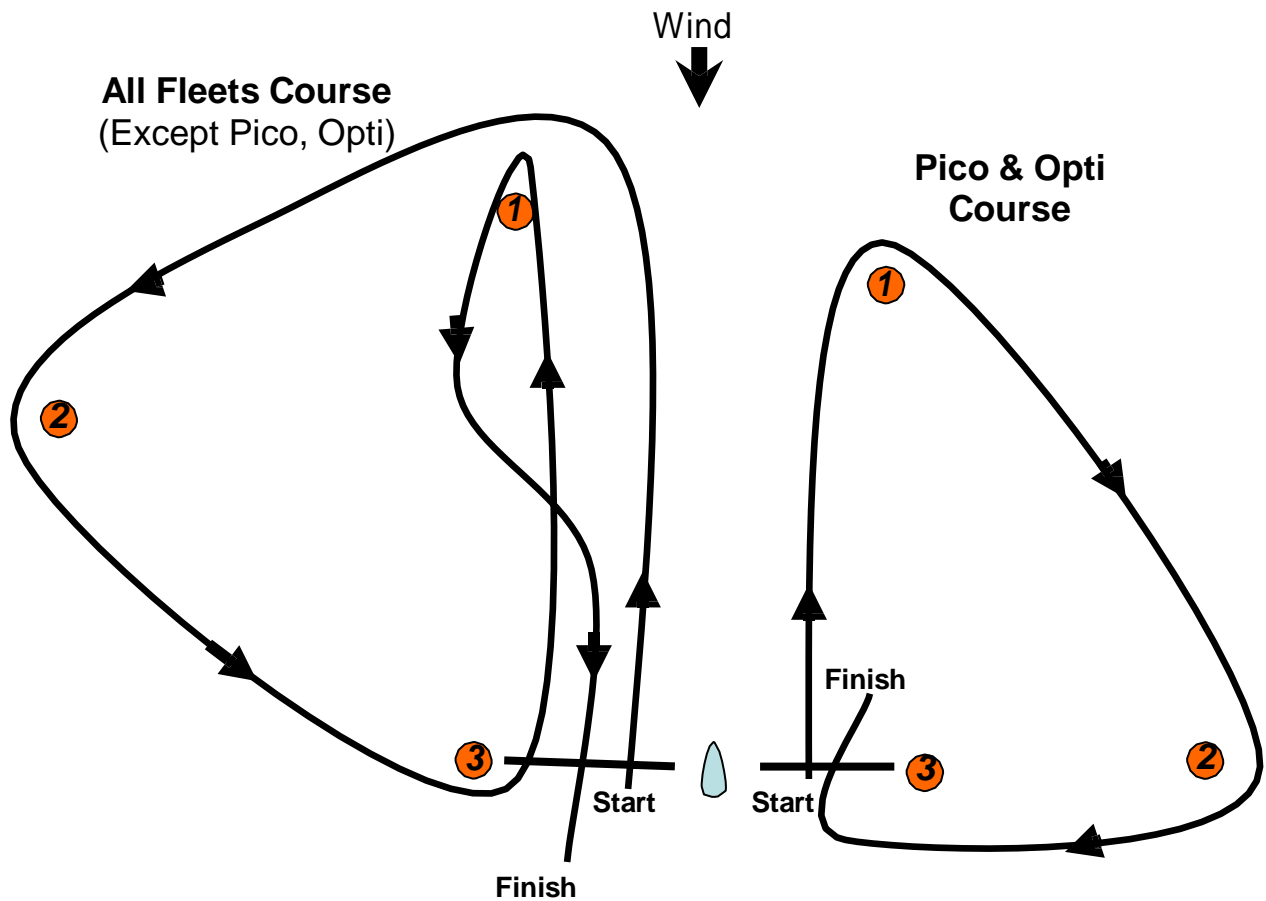
**19.3 Competitors sailing Dinghies or Sailboards are required to wear their PFD/Lifejacket at all times.** Keelboat Competitors must have a PFD/Life Jacket on board for every crew member and if the RC is flying Code Flag "Y" then all Keelboat competitors shall wear a PFD/Lifejacket.

**Starting Sequence – First Race – To be confirmed at the skippers meeting:**

<b><u>MINS</u></b>	<b><u>TIME/ HRS</u></b>	<b><u>CLASS</u></b>	<b><u>ACTIVITY</u></b>	<b><u>SIGNAL FLAG</u></b>	<b><u>AUDIO</u></b>
	1130	All	Briefing ashore		1 Sound
	1230	"	Pre Warning		2 Short Sounds
0	1235	Open Multihull	Warning	No.1 – up	1 Sound
1	1236	"	Preparatory	P or I – up	1 Sound
4	1239	"	One minute	P or I - down	1 Long Sound
5	1240	"	Start	No.1 - down	1 Sound
r5	1240	GC21 &Open Keelboats	Warning	No.2 – up	1 Sound
6	1241	"	Preparatory	P or I – up	1 Sound
9	1244	"	One minute	P or I - down	1 Long Sound
10	1245	"	Start	No.2 - down	1 Sound
10	1245	Albacore	Warning	No.3 – up	1 Sound
11	1246	"	Preparatory	P or I – up	1 Sound
14	1249	"	One minute	P or I - down	1 Long Sound
15	1250	"	Start	No.3 - down	1 Sound
15	1250	Laser	Warning	No.4 - up	1 Sound
16	1251	"	Preparatory	P or I – up	1 Sound
19	1254	"	One minute	P or I - down	1 Long Sound
20	1255	"	Start	No.4 - down	1 Sound
20	1255	420, Laser II, Open Centreboard	Warning	No.5 – up	1 Sound
21	1256	"	Preparatory	P or I – up	1 Sound
24	1259	"	One minute	P or I - down	1 Long Sound
25	1300	"	Start	No.5 - down	1 Sound
25	1300	Sailboards & Pico	Warning	No.6 & 7 - up	1 Sound
26	1301	"	Preparatory	P or I – up	1 Sound
27	1304	"	One minute	P or I - down	1 Long Sound
28	1305	"	Start	No.6 & 7 - down	1 Sound
25	1305	Opti	Warning	No.8 – up	1 Sound
26	1306	"	Preparatory	P or I – up	1 Sound
27	1309	"	One minute	P or I - down	1 Long Sound
28	1310	"	Start	No.8 - down	1 Sound

- In the event of a general recall, this schedule will be modified accordingly.

## COURSES



**Open Multihull, GC21, Open Keel, Open Centerboard, 420, Laser II, Albacore, Laser and Sailboard COURSE - Start, 1, 2, 3, 1, Finish**

**Marks 1, 2 & 3 will be orange inflatable tetrahedrals (or substitute as required by RC), buoys to port.**

The start / finish mark will be an orange inflatable tetrahedral to the port of the RC boat.

**Pico and Opti COURSE – Start, 1, 2, 3, Finish**

**Pico and Opti marks will be white or yellow marks, buoys to starboard.**

The start / finish mark will be a white or yellow mark to the starboard of the RC boat.